

We're on Facebook!



Visit our page—
Friendship Home of Audubon, Iowa! Be sure to “like” us to see regular updates of happenings around the Home!



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Audubon, IA 50025
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www.friendshiphome.com
This institution is an equal opportunity provider.

Administrator

Jess Andersen

Director of Nursing

Jennifer Hacker

Medical Director

Dr. Stephanie Vampola

MDS Coordinator

Shonda Schwager

Social Services Director

Jaime Christensen

Activities Director

Rose Brabham

Marketing Assistant

Amy Madsen

Business Officer Manager

Sarah Dent

Dietary Manager

Davianne Rotert

Environmental Services Director

Todd Goetzinger

Rather receive the *Forum* by email or wish to be removed from our mailing list? Let us know at amadsen@friendshiphome.com.

Upcoming Events!

Friendship Home continues to do activities with our residents daily. At this time, we are not planning any indoor activities that the community can attend.

- March 19th - Bunco Fundraiser
- June 24th - Friendship Home Golf Tournament

*Please check our Facebook page and website for additional information on events .

ASSOCIATION

- GENELLE DEIST • PRESIDENT
- JEFF EDWARDS • VICE PRESIDENT
- TIM ANDERSEN • TREASURER/SECRETARY
- KAREN NELSEN • MINDY ALT
- SUE WEDE • ED WIEDERSTEIN
- MARK JONES • PATTIE FROHLICH



FOUNDATION



Welcome to the new admissions!

- Ivan Deist
- Terry Schmidt
- Gertrude Mogg
- Mark Elmquist
- Thomas Cooper
- Patrick Connors, Jr.

Best wishes to those who have returned home:

- Gladys Hansen

With deepest sympathies to the families of:

- Mildred Dreher
- Melva Stone
- Frances Cortner
- Irma Weber
- Lois Pardee
- Mark Gustafson
- Donna Rugaard
- Bill Shaw
- Caroline Dent



The Friendship Forum

HVAC update.....

Work has been steadily moving along regarding HVAC upgrades for Wings 3 and 7 at the Friendship Home. Shipping delays pushed back the installation of new blower units; however, work is slated to begin on that phase of the project by mid-March. While undergoing the HVAC upgrades, Friendship Home will plan to replace the ceiling grid on the Memory Care Unit thanks to the grant award of \$44,866 from Audubon County Community Foundation. Lighting upgrades for resident rooms, hallways and shared spaces will be made on Wings 3 and 7 during this project. This project is step one of many being taken to create a consistent, quality esthetic throughout the Friendship Home facility.

Ready for warmer weather? Please join us for our annual golf tournament fundraiser!



Friendship Home Golf Tournament

Friday June 24, 2022

9 a.m. Check-in | 10:00 a.m. Tee Off

\$200.00 / Team

18 Hole 4-Person Best Shot



- ◆ Pin Events
- ◆ Mulligans
- ◆ Putt Passes
- ◆ Drink Specials
- ◆ Lunch
- ◆ 50/50 Cash Raffle
- ◆ Silent Auction

We are soliciting silent auction donations and hole sponsorships! We are also recognizing Gold, Silver and Bronze level event sponsors. Please contact Amy Madsen to set up a time to drop off silent auction items or to sign up for a sponsorship! Silent auction donations need to be received by June 17, 2022. Sponsorship forms need returned by June 2nd to guarantee name on marketing materials.

You can download a sponsorship form or silent auction donation form from our website at www.friendshiphome.com.

Please follow our Facebook page for up to date details of this event!

Spring 2022



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Our Mission:
“Caring for our residents in a Christian setting of compassion and choice”



Notes from Nursing....



News reports often highlight the devastating shortages of nurses needed in all healthcare sectors. Several things have happened in recent years leading up to this shortage. The COVID-19 Pandemic drove down nurse staffing when surgeries and other health services were limited; however, the long-term care sector however was a place for job security and stability for nurses. Long-term care consistently offers opportunities for a relationship based model of nursing. Careers in long-term care nursing offer the opportunity to get to know your patients well, focus on improving quality of life, and a predictable work environment.

The Friendship Home strives to create a work environment that supports nurses at all stages in their careers by offering scholarships, competitive wages, competitive benefits and flexible scheduling. If you or someone you know is considering a career in nursing, please reach out to the Friendship Home regarding career opportunities. Jennifer Hacker, DON jhacker@friendshiphome.com 712-563-2651

What's cooking in the kitchen.....

St. Patrick's Day is right around the corner! Check out this amazing slow cooker recipe!

PREP TIME 10 minutes
 COOK TIME 8 hours
 TOTAL TIME 8 hours 10 minutes
 SERVINGS 6 servings
 AUTHOR [Holly Nilsson](#)



This Slow Cooker Corned Beef and Cabbage recipe packs all of the deliciousness of corned beef into a meal that cooks itself. Talk about a stroke of good fortune on St. Patrick's Day or any day of the year!

Ingredients:

- 1 corned beef brisket 3-4 pounds
- 1 onion
- 3 cloves garlic
- 2 bay leaves
- 2 1/2 - 3 cups water
- 2 pounds potatoes peeled & quartered
- 2 large carrots chopped
- 1 small head of cabbage cut into wedges

Instructions:

- Chop onion into large chunks and place in the bottom of a 6 qt slow cooker. Top with corned beef and seasoning packet.
- Pour water into slow cooker until it just about covers the corned beef. Add garlic and bay leaves.
- Cook on low 8-10 hours.
- After the initial 3 hours, add potatoes and carrots to the slow cooker.
- Two hours before serving, add cabbage wedges to the slow cooker.
- Remove corned beef from slow cooker and let rest 15 minutes before slicing. Serve with potatoes, carrots and cabbage.

Notes:

Once cooked, your corned beef should be tender (mine usually cooks closer to the 10 hour time). Appliances can vary. If your corned beef is not tender, it likely needs to cook longer. It is essential to cut your corned beef across the grain.

Nutrition Information:

Calories: 592, Carbohydrates: 32g, Protein: 39g, Fat: 34g, Saturated Fat: 10g, Cholesterol: 122mg, Sodium: 2817mg, Potassium: 1653mg, Fiber: 8g, Sugar: 6g, Vitamin A: 3545IU, Vitamin C: 136.9mg, Calcium: 135mg, Iron: 9.5mg
 (Nutrition information provided is an estimate and will vary based on cooking methods and brands of ingredients used.)
 © SpendWithPennies.com. Content and photographs are copyright protected. Sharing of this recipe is both encouraged and appreciated.

Employee News

Anniversaries - March - June

Todd Goetzinger	1 year	Jamie Pensgard	6 years
Johanna Kropf	1 year	Kristy Bills	7 years
Kami Rasmussen	1 year	Julie Wilson	9 years
Amanda Blum	2 years	Sue Kroeker	15 years
Tami Waters	3 years	Jennifer Poldberg	15 years
Ashley Anderson	4 years	Carol Wolff	31 years

Welcome Our New Employees!

DeAsia Gilbert	Dietary Aide	Sandra Galvan Cisneros	T.N.A
Karly Hartl	Dietary Aide	Maddie Burr	C.N.A
Dirk Arneson	Dietary Cook	Keira Beam	C.N.A
Bacilia Beisswenger	T.N.A	Emma Reese	C.N.A

Resident Birthdays

March

Ivan Deist	3 rd
Sally Kerwin	16 th
Bev Winn	22 nd
Sue Duvall	26 th
Lois Drake	26 th

April

Karen Guttenfelder	4 th
Liz Schmidt	8 th
Terry Schmidt	17 th
Audrie Wede	20 th

May

Charlene McLaughlin	6 th
Gertrude Mogg	6 th
Mark Elmquist	14 th
Joyce Libby	23 rd
Norma Haskins	28 th

Employee Birthdays

March

Deb Swensen	1 st
Karly Hartl	13 th
Sarah Dent	19 th
Tami Waters	21 st
Jasmine Turner	28 th

April

Ryan Johnson	2 nd
Jessi Marshall	8 th
Brooke Roetman	10 th
Tom Lines	21 st

May

Julie Wilson	8 th
Morgan Gust	13 th
Brenna Sardegna	15 th
Ashley Anderson	23 rd
Kim Leeper	25 th
Bre Mennenhoh	29 th
Todd Goetzinger	30 th

JOIN OUR TEAM

Here is a list of the available positions:

- RN - Full Time \$5,000 sign on bonus**
- CNA - Full Time \$1,000 sign on bonus**
- LPN - Full Time \$2,500 sign on bonus**

- Dietary Aide**
- Housekeeping**
- Dishwasher**

APPLY ONLINE OR PRINT OFF AN APPLICATION TODAY AT
WWW.FRIENDSHIPHOME.COM/EMPLOYMENT.HTML



Thank You!

Thank you to our supporters who have made Memorials, Donations, Gifts and Bequests to the Friendship Home Foundation this quarter!

Gift of Grain

Dan & Amy Madsen

Unrestricted Donations

Robert & Donis Hansen

Bob & Linda Blomme

Our Saviours Lutheran Church

Erma Jensen

Joseph Barron

Restricted Donations

Clint & Lori Petersen

In Memory of Frances Cortner

Joel & Rhonda Rattenborg

Lawrence & Doris Handlos

Marcia Snyder

Lyle & Jolene Schwery

In Memory of David Duvall

Nancy Petersen

Friends & Family

In Memory of Irma Weber

Robert Weber

Paul & Shellie Madsen

John & Jan Roberts

Brian & Kathy Jensen

Steve & Beck Randeris

Jackie Wahlert

Arch Andersen

Ron & Barb Christensen

Greg & Rachel Hansen

In Memory of Melva Stone

Lyle Stone

Gary & Julie Stone

Roger & Janet Russell

Gary & Marilyn McCollough

Cheryl Elliott

Michael & Linda Abildtrup

Ron & Barb Christensen

David & Sandra Perryman

Cornelius & Mary Frances Blevins

Larry & Jeannie Anderson

Bonnie Tigges

James & Marilyn Dent

Robert & Jane Weber

Kaye Nowatzke

R. Laurel Nielsen

Russ & Bev Bruhn

Gary Mishler

Michael Bauer

Gary & Diane Madsen

John & Jan Roberts

In Memory of Dorothy Allen

Jerry & Linda Roy

In Memory of Russell Shupe

Bill Shupe

In Memory of John Knudsen

Thygesen Family Farms

In Honor of Beatrice Wealch

Greg & Cindy Jorgensen

In Memory of Ruth Edwards

Audubon Masonic Association Inc

In Memory of Rosalie Davis

Audubon Masonic Association Inc

In Memory of Loretta Petersen

Gerald Petersen

In Memory of Mark Gustafson

Brian & Kathy Jensen

Ron & Barb Christensen

Joel & Rhonda Rattenborg

Greg & Rachel Hansen

Kim & Barb Krauel

Derek & Genelle Deist

In Memory of Bill Shaw

Greg & Rachel Hansen

Kim & Barb Krauel

Richard & Marilyn Petersen

Jackie Wahlert

Mary Grote

R. Laurel Nielsen

In Memory of Lois Pardee

Tom & Lynn Klever

Larry & Dianna Petersen

Russell & Marcella Possehn

Derek & Genelle Deist

Mary Grote

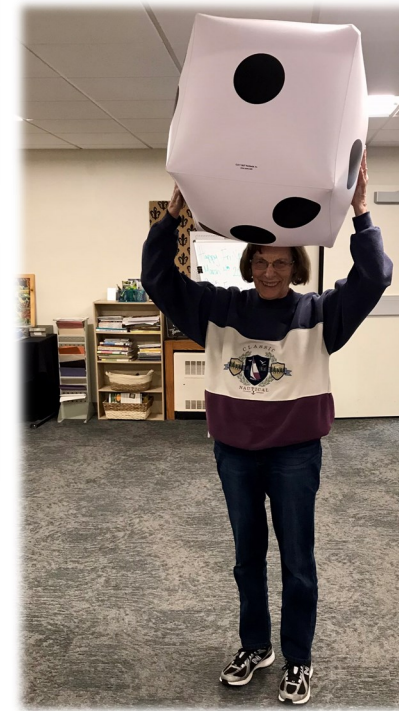
Kaye Nowatzke

In Memory of Darrell Rudolph

Thomas & Virginia Mennenoh

In Memory of Donna Rugaard

Jackie Wahlert



Funds raised will be used towards a new shuttle bus for our residents!

BUNCO FUNDRAISER

Sponsored by The Audubon Lions

All proceeds will be split between the Audubon Rec Center and the Friendship Home.

WHEN: Saturday, March 19th from 7-9 pm

WHERE: Audubon Rec Center Community Room

PRICE: \$10.00/person

Kids under 12 - \$5.00

Price also includes a ticket for a sweet treat and bottled water and/or coffee. Additional treats will be on sale for \$1.00 each. We will be featuring a "build your own brownie" bar.

Please join us for a fun filled evening to help two great community organizations. You don't have to know how to play Bunco. It's super easy to learn and a ton of fun for everyone. Recommended for anyone 8 and over. Every Bunco rolled will be guaranteed a prize of your choice (valued between \$5 and \$15) from our prize table. At the end of the evening, special prizes will be award for Most Buncos, Most Mini Buncos, Most Wins and Most losses.

Come early to enjoy food and drinks at the Rec Center.

A big thank you to everyone who has made donations to the Friendship Home Activities Department. The residents would like everyone to know how grateful they are. We really have a lot of fun! We are always open to new ideas. If you have any activity ideas you think the residents would enjoy and would like to donate the items to complete the activity, please contact Rose Brabham, Activity Director, at 712-563-2651 or by email at rbrabham@friendshiphome.com

When donating items please keep in mind that large print and large pieces work best. For example, any reading material or word games need to be in large print. We do many puzzles, but large pieces are preferred and we currently are working with puzzles 300 pieces or less. We love arts and crafts, but tiny pieces are hard to handle and see. Many minds are better than one, so please do not be afraid to share your ideas with me. And again, from the bottom of my heart, thank you for thinking of Friendship Home residents.

~ Rose Brabham, Activity Director

Picture Perfect



Our residents enjoyed a very Merry Christmas! Thank you to everyone who donated to our giving tree or funds for the Christmas party. Many smiles on Christmas Day!



This year the resident council was able to adopt a family for Christmas! Thanks to everyone who has supported the resident council fundraisers!



Our activity room was transformed into a putt putt golf course! A big thanks to Michelle Vesper for bringing this fun activity to life!



Ring in the New Year with a cute backdrop and photo booth props! Here's to a wonderful 2022!!



An adorable Valentine's Day craft using puzzle pieces. Residents made "love you to pieces" decor!



Happy Valentine's Day! Each resident received a bag full of goodies and personalized cards from our staff!



Residents made personal bulletin boards. We love the unique touch and story with each board!

