

# THE FRIENDSHIP HOME



## Fall Is Here...Tis The Season

As the seasons change we enjoy the beautiful weather, outdoor activities, harvest and memories in the making. Fall is here and the holiday season is quickly approaching. We look forward to all the holiday celebrations and anticipated time spent with family and friends. We are thankful for all our volunteers and family members that make this season a joyous one! It is the season of giving and we are thankful for those that are able to give their time and compassion to enhance the lives of those that reside at the Friendship Home. We welcome volunteers and families to join us during this giving season as we celebrate with special parties. Wishing you a safe and happy holiday season!

Rose Brabham, Activity Director



Annual Omaha's Henry Doorly Zoo Trip



## UP COMING EVENTS TO WATCH FOR...

11/11 2:30 pm Veteran's Day Service

11/23 2:30 pm Resident's Thanksgiving Party

11/24 Holiday Baking  
Time TBA

11/30 3:00 pm Christmas Carolers

12/3 11:00 am Resident Family Christmas Brunch

12/12 5:45 pm Christmas Light Outing & HS Vocal Concert

12/25 Christmas Day Service, Rev. David Kroeker

Time TBA

12/31 2:30 pm New Year's Eve Party

## Life Happens... Be Informed

We all know that life can throw us some unforeseen events; an illness that gets us down or an unfortunate fall and it's important to know what services are available to you right here in your home town. The Friendship Home is more than just a nursing

home, it's a rehabilitation facility providing skilled nursing and therapy services in a home-like setting. We often think of rehab in the hospital setting, but it can be provided to qualifying persons right here at the Friendship Home! The Friendship

Home provides physical, occupational and speech therapies, along with skilled nursing services. To find out more about what benefits you are eligible for contact the Friendship Home.

Hilaree Stringham,  
Administrator

## MAKE YOUR VISIT COUNT

Visiting a person in a nursing home is something that means so much to them. Some people wonder if they will say the right thing or make the resident sad if they talk about old times. Residents like visits from old neighbors, people they used to work with or their children's friends. Some people get nervous when speaking with a resident that is confused, but making eye contact can be the "window to their soul".

Set the tone with a warm greeting, sit next to the resident and make eye contact, tell them who you are and your connection to their past. Raise your voice slightly if the resident has difficulty hearing, about half of people over 75 have some hearing loss. Turning off the television can enhance your visit. As we head into the holiday season, bring children to visit, residents love seeing the young children. Come visit someone and see how great it can be!

Shirley Langel, Social Service Director

# RESIDENT COUNCIL CELEBRATES T-BONE DAYS

Once again this year the Friendship Home Resident Council voted to have a Root Beer float stand during T-Bone Days. The stand was a success, community members enjoying Root Beer floats and supporting the Resident Council. The Resident Council uses funds raised during the event to do special activities or purchase item(s) that the Resident group votes on throughout the year. In the past they have purchased items like a new hair dryer for the beauty shop or voted to adopt a family during the holidays. The Resident Council group loves being able to give back to others and has fun doing it along the way! (Pictured at the Right Resident Council President Wendell Fleming and Chair Person Mark Gustafson)22



## THANK YOU!

Thank You All Our Volunteers!

*"Volunteers do not necessarily have the time, they have the heart"*

By

Elizabeth Andrew



The Garden Club

## FROM THE NURSING DEPARTMENT

### Dental Services:

The Iowa Department of Inspections and Appeals and the Center of Medicare and Medicaid Services, also known as the Federal Government, expect nursing homes to offer dental services and routine examinations to our residents.

The Iowa Medicaid plans offer a dental insurance. With this plan, residents who are signed up receive 4 cleanings and oral health exams per year and a visit from a

licensed dentist at least twice per year. emergency services are available and denture repair, realignment, or new dentures can be taken care of at any time. Private pay is also accepted and price lists are available upon request.

Senior Dental is our provider. They come right to our facility saving the resident from having to travel.

Problems with the teeth and mouth can lead to a multitude of other issues including weight loss, pain, pneumonia or other respiratory complications.

I would encourage everyone to take a look at this service offered at the Friendship Home!

Karol Dammann,  
Director of Nursing

**SENIOR DENTAL SERVICES...**

**IT IS IMPORTANT!**

## BIRTHDAY'S

Special Recognition to Elaine Bowen, who turned 100 years old on Oct. 15th!

*(Elaine Pictured left)*

### OCTOBER

- 2-Samuel Johnson
- 14-Nora Bertelsen
- 22-Robert Fry
- 26-Valetta Jensen

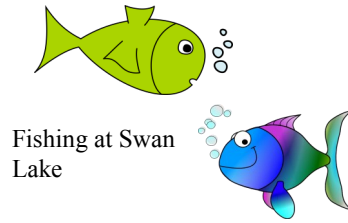
### NOVEMBER

- 13-Dale Edwards
- 13-Evelyn May
- 21-Bea Wealch
- 27-Wynona Anderson

### DECEMBER

- 10-LaVonne Godfrey
- 12-Mildred Dreher
- 16-Lois Pardee
- 20-Jerry Hauser
- 21-Bertha Mae Nielsen





Fishing at Swan Lake



Fun at the zoo!

### Open Enrollment Dates

**Prescription Drug Plan**  
October 15 – December 7

**Health Insurance Marketplace**  
November 1 – January 31

**Medicare Advantage Plan**  
October 15 – December 7  
*(Nursing home residents can change at any time during the year.)*

**Medicaid MCO Plans**  
No earlier than 12 months after your original enrollment date



Making floral arrangements



Decorating Treat Bags with the Children

## FROM THE DIETARY DEPARTMENT

The holidays are fast approaching!


So many of our holiday memories are made around the table while enjoying a delicious home cooked meal with our loved ones. At the Friendship Home, we take great pride in preparing holiday meals for our residents and their families.

We will be serving traditional meals with all of the trimmings for Thanksgiving and

*Memories are made around the table*

Christmas. We will even feature pumpkin pie made from scratch by our residents! Guest meals for holidays are priced at \$7.49 per person. And we'll do all of the work for you!

Guests are always invited and welcome to celebrate the holidays with their loved ones. We have several options available to meet your dining needs. We can accommodate both small and large groups. Call or visit Sarah at the front desk to make your reservations today!

 Roxie Pross, Dietary Director



## EMPLOYEE ANNIVERSARIES

### 26 YEARS

Deb Oakley

### 19 YEARS

Paula Randeris

### 9 YEARS

Jill Smith

### 8 YEARS

Leslie Eischeid

### 6 YEARS

Shirley Langel

### 5 YEARS

Roxie Pross

### 3 YEARS

Roxanne Asmus

### 2 YEARS

Peggy Tibbetts

Bridget Vesper

### 1 YEAR

Linda Carpenter

Karla Kommes

Tracie Jensen

Crystal Main

Tanya Marshall

Tricia Sinclair



## Admissions

### JULY-SEPTEMBER

Stella McCurdy  
 Bill Shaw  
 Shirley Shaw  
 Ruby Byriel  
 Martha Heckman  
 Gloria Sutton  
 LaVonne Godfrey  
 Verla Huffman  
 Janis DeHoedt  
 Darrell Jensen  
 Allan Jacobsen  
 Rosalie Davis  
 Inga Henry  
 Dorothy McCune

## Discharges

### JULY-SEPTEMBER

Shirley Shaw  
 Martha Heckman

## Deaths

### JULY-SEPTEMBER

Ethel Mack  
 Phyllis Larsen  
 Ruby Byriel



## FRIENDSHIP HOME FOUNDATION

Thank you to our supporters who have made memorials, donations, gift and bequests to the Friendship Home Foundation this quarter.

### In Memory of Ethel Mack

Joel & Rhonda Rattenborg  
 Ethel Mack Family

### In Memory of Jim Jorgensen

Barbara Friedrichsen  
 Lawrence & Doris Handlos  
 Stephen & Alice May

### In Memory of Geneva Krauel

Sam & Shirley Grabill

### In Memory of John Parrott

John C. Parrott Jr.

### In Memory of John Paul Deist

Dan & Elaine Jorgensen

### In Memory of Marie Jensen

Ronald & Barb Christensen  
 Kaye Nowatzke

### In Memory of Ruby Byriel

Robert & Donis Hansen  
 Doug Person  
 George & Roxanne Meyer

### In Memory of Wilma Juel

Stephen & Alice May

### Capital Campaign/Restricted Donations

Quality Machine of Iowa  
 Nate & Sara Vorm  
 Marjorie McMillian

### Unrestricted Donations

Elayne Sinow  
 Tim & Linda Irlmeier  
 Dan & Sarah Christensen  
 Poet Biorefining-Coon Rapids  
 Verlon & Ruth Stone

### T-Bone Run Sponsors

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