# Heart & Heart

A publication of the Friendship Home Foundation

# The True Value of Friendship Home "She was so happy—we got Mom back"



Friendship Home Foundation Board Members

Lou Herbers

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Sarah Christensen Secretary

Paul Christensen Rachel Hansen Kyle Kjergaard Trish Nelson here are many words to describe Joyce Frevert— a fighter, a dreamer, a nurse, an educator, an inspiration. When her children and grandchildren look back over her life, they are filled with love and admiration.

Joyce was diagnosed with polio at age 2, which resulted in a lifetime of living with handicapped legs, multiple surgeries and unending pain. "She knew she would never skip, run or dance the way most of us take for granted, but she always made the best of it," daughter Nancy Solohub remembers.

In fact, Joyce had a dream that she was determined to make happen—she wanted to be a nurse. It inspired her to ask to be sent to a high school 328 miles from home and later to college in Minneapolis to become a registered nurse.

Joyce married Don Frevert and went on to have four children—Diane, Karen, Nancy and Charles. While she and Don lived in Audubon, Joyce practiced at the hospital, launched a prenatal program and taught first aid. Don served as an agricultural engineer and helped to design Littlefield. They were both active community members who loved the arts, their church, their friends and their family.

Don and Joyce moved to Des Moines, where Joyce found her true calling as a hospice nurse. The Freverts traveled, especially after retirement, and loved life. Joyce's family was spoiled with her cooking and baking, especially during the holidays.

In 2008 Joyce was diagnosed with Alzheimer's disease. She and Don moved into independent living apartments until Joyce began experiencing falls, after which she entered an attached assisted living facility for memory care.

In 2013, Don passed away from leukemia. At that time, the family decided to move Joyce back to Audubon to be close to daughter Karen Nelsen and return to a community she had loved.



Karen immediately saw the benefits of having her mom at Friendship Home. "She got the attention she needed here," Karen says. Little things that they had noticed while their mother was in assisted living were suddenly reversed.

"Her clothes were immaculate, and she looked so good. She would be in her pearls rather than Mardi Gras beads," Karen explains, noting that individuals here remembered her mom as she was before the disease and gave her the same dignity and respect.



"She was so happy...we felt like we got Mom back!" Karen would arrive to see her mother having coffee with ladies around a table or having a conversation with visiting community members.

Although the family knew Joyce's health was fragile, they were still taken by surprise when Joyce passed away in February 2014 from renal failure. Joyce died on Valentine's Day, which seemed a fitting day for her to be reunited with Don, the love of her life and husband of 57 years.

#### Supporting the Future

Before Joyce passed away, Karen and her husband, Randy, had pledged a gift to the Home's Memory Care Unit

## Joyce Frevert Memorial ...Continued from Page 1

Campaign. They were so excited at the idea of Joyce enjoying the new unit. After Joyce's death, her family decided to direct memorial donations to the campaign. Karen still feels passionate about seeing the project become a reality.

"Because of our experiences we know that we are going to need good facilities, and we want to have the opportunity to stay in Audubon," Karen says.

Knowing firsthand the dynamics of Alzheimer's, she is excited with the design of the new unit—allowing residents more space and dignity, as well as the ability to keep busy and go outside.

"We're all going to need facilities at some time—either for family or ourselves," Karen says, "And we feel it's important to invest in Audubon. We believe in Audubon."

Karen sees the beautiful facilities offered in larger communities and knows Audubon has competition. Investing in the Home allows it to improve for the future, which is imperative to keeping families in town. "We have so much going for us," she says. "We need to work together as a community to make sure we don't lose this 'gift' we have-a hometown with good education, good health care and good families."



### **Capital Campaign Update**

Thank you to everyone who has generously donated to help the Foundation reach its first fundraising goal of \$1.4 million toward the new Memory Care Unit project!

Currently the Friendship Home Association Board of Directors is working with the USDA to finalize a long-term low-interest loan, which will help finance the project as pledge payments are received, as well as cover the additional funds needed. The Friendship Home Foundation will continue raising money to cover costs of the Memory Care Unit.

## Friendship Home Memory Care Unit

## A Strong Vision for the Future

- Rooms designed for personal space & privacy
- Dedicated areas for dining, activities and sitting
- Ability to safely go outdoors to enjoy beautiful gardens
- Room to roam in a circular layout, ideal for "wandering"

Go to our website, www.friendshiphome.com, for more information on our current capital campaign. Or, call Genelle at 712.563.2651 to learn more.



## Popular Ways to Give

Cash or check • Grain or livestock

Appreciated securities • Retirement plan assets

Planned gifts—will bequests, life insurance or trusts

Gifts to the capital campaign can be pledged over a 5-year period. Always consult your professional advisor when making a donation.

## Your Contributions Are Deeply Appreciated!

#### Gifts Made December 2013-Present

Each quarter, all donations are recognized in the "Friendship Forum," the newsletter of the Friendship Home Association. For space limitations, in this publication we will recognize those who give \$100 or more (in cumulative giving) since our last mailing (November 2013).

Please go to friendshiphome.com and click on "Friendship Forum" under the "About Us" link to look at each quarter's newsletter for an entire listing of donations.

Thank you to all who give of their time, talent or treasure to make the Home great!

#### Gifts of \$100-\$299

Arch & Violet Andersen

Audubon County Pork Producers

Don & Lori Anderson

Ron & Paulette Chambers

Ron & Barb Christensen

Ron & Becky Dreher

Don Gibson

Steve & Cheryl Elliott

Craig Fenske

Barbara Friedrichsen

Elda Gaskill Memorial

Mohammed & Debora Hadii

Carol Hansen

Horizon Equipment

**Beverly Huffman** 

Mary Johnson

Bill Law

William & Gert Madsen

My Way Designs/Extreme Designs & Embroidery

Our Saviour's Lutheran Church (Women of the Word)

Charles & Judy Petersen

**Evelyn Roberts** 

Robert Rubel

St. Patrick Catholic Women

Kenneth Searls

Bill & Coralie Shupe

Lorna Stiles

Verlon Stone

Neoma Thomas

Beverly Tyree; Karen & Steve Roberts; David & Terrie Tyree

Tyree

Armin & Mary Vogt

Lucille Wittrock

**Timothy Wood** 

#### Gifts of \$300-\$599

Rick & Julie Artist

Roger & Maryanna Christensen;

Bev & Chuck Stupca; Craig & Kris Christensen

Meredith Corporation (matching funds)

Larry & Fran Nielsen

Anna Blohm Farnum

Keith & Marilyn Grabill

George & Roxie Meyer

Robert Olsen

Carol Spitler

#### Gifts of \$600-\$999

James & Marilyn Dent

#### Gifts of \$1,000+

Estate of Mary Frederiksen

Wyman & Laurie Nelson

Thelma Umland

#### **MEMORY UNIT CAMPAIGN**

NEW GIFTS, PLEDGES AND/OR PLEDGE PAYMENTS TO THE CAPITAL CAMPAIGN SINCE DECEMBER 2013

The Glen Aagaard Family

Bruce & Gloria Ahrendsen

Jeff & Carol Albertsen

Herb & Marcia Anciaux

Arch & Violet Andersen

Tim & Janice Andersen

Don & Lori Anderson

Delbert & Barb Artist

Audubon County Community

Foundation

Audubon Lions Club

Audubon Masonic Association

Audubon State Bank Charitable Foundation

Bernice Barnes

Brent & Joan Bauer

Randy Blohm

Bob & Linda Blomme

Steve & Ann Brinkman

Bernice Bro

Les & Ruby Brue

Doug & Betsy Carter

Marjorie Chambers

Ron & Paulette Chambers

Tom & Candy Chambers

Dan & Sarah Christensen

Doris Christensen

Gary & Janice Christensen

John & Barbara Christensen

Nadine Christensen

Paul & Sharon Christensen

Ron & Barb Christensen

Class of 1948

James & Carol Curry

Derek & Genelle Deist

Duane & Judy Deist

Robert & Esther Dollerschell

Joe & Brittany Elmquist

Phil & Anna Elmquist

Mike Fassino/Audubon Foods

Estate of George Flies

Jenny Fox

David & Lynne Frevert

Douglas & Gertrude Frevert

Joyce Frevert Memorial

Rev. Darrel & Jeannette Gerrietts

Mardelle Gilbert

Rich & Lela Gleason

Keith & Marilyn Grabill

Kent & Joyce Grabill

Jeff & Mary Gross

Tom & Mary Grote

Lawrence & Doris Handlos

Hansen Farms/Charles & Joni Hansen; Greg & Rachel Hansen

**Dorothy Hansen** 

Greg & Rachel Hansen

Linda Hansen

Lyle & Paula Hansen

Wayne & Norma Hansen

Carole Hecker

Mark & Cynthia Heller

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### Friendship Home Foundation

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The Friendship Home Foundation is a private nonprofit 501(c)3 organization dedicated to securing and stewarding gifts and grants that benefit the Friendship Home.

Our vision is "to support the mission of the Friendship Home as it meets the needs of the community as it grows into the future."

#### About "Heart to Heart"

This newsletter is a product of the Friendship Home Foundation. Our occasional newsletters, brochures and seminars will be designed to offer our friends and supporters helpful information. If you ever have ques-

tions or would like to discuss specific ways to make a difference, please call Genelle Deist, Foundation Director, at 712.563.2651. If you choose not to receive Foundation mailings, call Genelle or send her an email at marketing@friendshiphome.com.



#### Have You Considered...?

Naming the Friendship Home
Foundation in your estate
plans? A charitable bequest
is the perfect way to
perpetuate an organization
dedicated to caring for the
community's elderly and
allows you to leave
a legacy that
speaks of your
personal values
and inspires others.

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Dale Henriksen Memorial

Lou & Kris Herbers

Carol Ann Honeck

Kathy Irlmeier

Steve Irlmeier

Allan & Blanche Jacobsen

Barb Jacobsen

Dave & Deb Jensen

Jean Jensen

Lee & Linda Jensen

Kurt & Barbara Johnson

Mark & Becky Jones

Dan & Elaine Jorgensen

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Pat & Becky Kaiser

Gene & Kathy Karstens

Kessler Funeral Homes

Donna Kessler

Holly Kjergaard

Kyle & Megan Kjergaard

Randy & Gayle Klever

Brian & Molly Klocke

Carlene Kraft

Landmands Bank

Laverne Lansman

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Paul & Shellie Madsen

Kathleen Manatt

Steve & Raydene Mathisen

Erin McCarty

GRX Holdings LLC/Medicap Pharmacy

Jay Dee & Peggy Mendenhall

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Marilyn Watkins

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Ron & Linda Wells

Gary & Rosemary Williamson

Wiskus Group

We work hard to make this list complete and accurate. However, if you notice an error or omission, please contact the Foundation office at 712.563.2651 and please accept our apologies.