

**We're on Facebook!**

Visit our page—  
**Friendship Home of Audubon, Iowa!** Be sure to “like” us to see regular updates of happenings around the Home!



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 Fax: 712.563.2342  
 www.friendshiphome.com  
 This institution is an equal opportunity provider.

- Administrator**  
Jess Nixon
- Director of Nursing**  
Karol Dammann, R.N.
- Medical Director**  
Dr. Stephanie Vampola
- Office Manager**  
Jenny Fox
- Dietary Manager**  
Roxanne Pross
- Social Services Director**  
Shirley Langel
- Activities Director**  
Rose Brabham
- Director, Environ. Services**  
Chris Finley
- Marketing Assistant**  
Amy Madsen

Rather receive the *Forum* by email or wish to be removed from our mailing list? Let us know at [marketing@friendshiphome.com](mailto:marketing@friendshiphome.com).

## Upcoming Events!

- Auxiliary Program 1<sup>st</sup> Monday of every month
- March 7, 1:30 pm - Audubon High School Show Choir
- March 12, 6:30 pm - AWA Bingo
- March 15, 2:00 pm - St. Patrick's Day Party
- March 21, 2:00 pm - Birthday Party Bingo (Faith Community Church)
- March 29, 2:00 pm - Canvas Painting with Maison Lebeck 'The Grumpy Gnome'
- April TBD - Birthday Party Bingo (Ebenezer Church)
- April 7-13 - Volunteer Appreciation
- April 14, 10:30 am - Palm Sunday w/ Our Saviours Lutheran Church Sunday School
- May 13, 2:00 pm - Mother's Day Party
- May 12-18 - National Skilled Nursing Care Week
- May 27 - Memorial Service

\*Please check our Facebook page and website for additional information on events

### ASSOCIATION

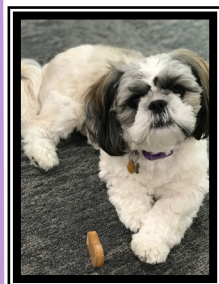
**JEFF EDWARDS • CHAIR**

**DAN JORGENSEN • VICE CHAIR**

**TIM ANDERSEN • TREASURER/SECRETARY**

**SHELLIE MADSEN • VICKY ROBINSON**

**SUE WEDE • GENELLE DEIST**



### A Dog's Love...

It doesn't take a scientist to know that pets make humans feel good. Science can, however, tell us how and why pets can be therapeutic. Just 15 minutes bonding with an animal sets off a chemical chain reaction in the brain, lowering levels of the fight-or-flight hormone cortisol and increasing production of the feel-good hormone serotonin. The result: heart rate, blood pressure and stress levels immediately drop. This is why pets for the elderly can be so beneficial. An animal in the life of a senior can give them new meaning and improve their well-being, so it is important for seniors to have a pet in their living environment. The benefits of a furry companion can be life-changing. Pets can make the elderly feel needed, and that feeling can translate into a greater sense of purpose and self-worth. Animals provide unconditional love and emotional support in a way that is unparalleled. Our dog brings the joy of animals to people who are otherwise unable to have an animal in their life. What an animal can give and teach is a powerful source of healing and personal connection. In the past, a move to a nursing home or retirement community meant giving up this important bond with the animal world and this is why the Friendship Home decided to integrate a pet into our community. Miss Ellie brings joy and laughter to our residents each day!

### FOUNDATION BOARD OF DIRECTORS

Mary Wede - Pres./Tres.

Sue Wede - Secretary

Carolyn Cunningham

Linda Irlmeier

Eunice Mennenoh

If you are looking for an opportunity to share your talents and join a local board, please contact a current Foundation board member for more information.



### FOUNDATION



### Our Past, Our Present and Our Future

60 years ago concerned members of the Audubon community saw a need to provide a home for the elderly. They rallied community resources and talents to form a corporation, design a building and establish an organization that would serve its community long after they had gone. The Friendship Home is a legacy landmark of Audubon. Our longevity and strength through the tests of time can be attributed to dedicated staff, support of donors and volunteer participation.

We step into a new era this year with the opportunity to serve our residents and families. Our recent renovation project is complete and our focus is on ensuring the next sixty years of operation. New versions of the same old Medicaid repayment challenge make the fight tougher to keep up. As it was and has been, local business supporting local causes will be pertinent in the effort to stay innovative and adaptable to these challenges.

The Friendship Home Administration and Board of Directors are devoted to supporting our neighbors in commerce and providing competitive jobs for our citizens. We live by the motto “Where the Heart Is” and our hearts are focused on ensuring quality care and services well beyond the next 60 years.

If you would like to volunteer, donate or become a board member in the effort to ensure this legacy, please stop or reach out to Jess Nixon, Administrator.

### Our Mission: “Caring for our residents in a Christian setting of compassion and choice”

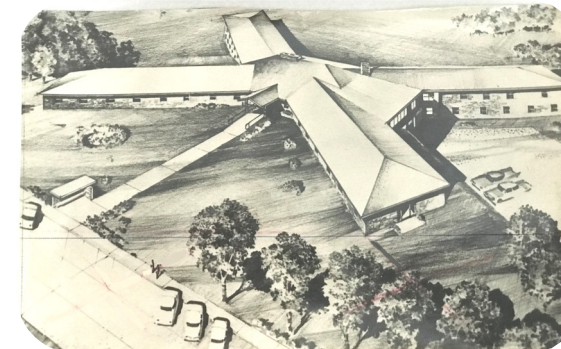


We are excited to welcome Gloria Ewoldt to the Friendship Home team as MDS Coordinator. Gloria is originally from Gray, IA. She is married to Bob Ewoldt and has two sons, Jacob and Joe. She is the grandmother of 2 little girls, a step mother to Shawn and grandmother to his son Colton, who lives in California. She enjoys having the girls for their weekly night at her house. “It is a true blessing for us to see them regularly and get to watch them grow. A lot of grandparents are not that lucky to live so close. Life may not always be easy...but could always be worse, be thankful for what you have.”

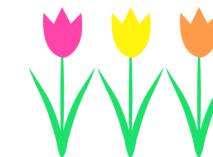


Gloria is a great addition to our team. We are glad for all the talents and experience she brings with her.

## The Friendship Forum



### Spring 2019



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### Bring on the sunshine!





# Hospice Respite Care

*Providing Respite Care  
for you and your loved one!*

Hospice care has evolved over the years and now provides palliative & comfort care offerings beyond just the end-stages in life. We at the Friendship Home are very sensitive to these care needs. We partner with a variety of hospice providers. Our staff are trained to facilitate these care needs in order to ensure quality of life for our residents.



**\$250/Day Short-Term Stay Room Rate for Rehabilitation/Hospice Suites**  
Amenities for visiting loved ones

- Access to 3 meals per day at a charge
- Bed and closet
- In-room private shower and fresh linens daily
- Shared bedroom space with Hospice care recipient
- TV and private living room
- Miniature refrigerator
- WiFi access



## Welcome to the New Admissions!

Frances Cortner  
Kenneth Kobold  
Irene Meislahn  
Carlene Deist  
Marjorie Cox

## Best Wishes to Those Who Have Returned Home!

Debra Hansen  
Sandra Weitzel

## With Deepest Sympathies to the Families of:

Ethel Rasmussen  
Dorothy Chrisoffersen  
Elnora Fett  
Violet Andersen  
Irene Hansen  
LaVonne Godfrey

## Employee News

### Anniversaries - March through May

Ashley Anderson	1 year	Jamie Senter	3 years	Sue Kroeker	12 years
Kaleb Fox	2 years	Kristy Bills	4 years	Jen Albert	12 years
Sarah Marshall	2 years	Sandee Ericksen	6 years	Tonia Andersen	14 years
McKenna Nielsen	2 years	Julie Wilson	6 years	Jenny Fox	23 years
Taylor Knutsen	3 years	Traci Weitzel	10 years	Carol Wolff	28 years

### Welcome Our New Employees!

Gloria Ewoldt MDS Coordinator

## RESIDENT BIRTHDAYS

### March

Louetta Langel 9<sup>th</sup>  
Elvie Scott 12<sup>th</sup>  
Sally Kerwin 16<sup>th</sup>  
Bev Winn 22<sup>nd</sup>  
Kenny Kobold 23<sup>rd</sup>  
Sue Duvall 26<sup>th</sup>

### April

Blanche Jacobsen 27<sup>th</sup>

### May

Jean Michalski 2<sup>nd</sup>  
Mardell Hansen 3<sup>rd</sup>  
Charlene McLaughlin 6<sup>th</sup>  
Melva Stone 14<sup>th</sup>

## Social Services Notes

The Center for Medicare and Medicaid Services has finished mailing new MEDICARE cards to Medicare members across the United States. Please remember to bring in your loved ones new card. If a new card has not been received you can call 800-633-4227.



As many of you know, we had lots of moving going on over the last several months. There may be items in closets that no longer fit the resident, but it is difficult for families to know what they are. Staff will put items that don't fit in a bag on the top shelf of the closet for you to take. Staff will mention to families if a resident needs some clothing or they inform Social Services to contact families of their needs.

-Shirley Langel

## Resident Council News

National Volunteer Appreciation week is April 7<sup>th</sup>-13<sup>th</sup>. I would like to extend my sincere gratitude to all who volunteer their time to the Friendship Home. Your acts of kindness for those who work and reside at the Home is valued beyond measure, not just during volunteer appreciation but each and every day!

If you are interested in volunteering please contact Rose Brabham, Activity Director, 563-2651.

God bless!



Volunteer Power!

# Thank You!

Thank you to our supporters who have made Memorials, Donations, Gifts and Bequests to the Friendship Home Foundation this quarter!

## Capital Campaign Donations

Audubon State Bank  
Neil & Stacy Andersen

## Restricted Donations

Mark & Karen Elmquist  
Friendship Home Auxiliary  
Henry & Jess Nixon  
Jeff & Sue Edwards  
Maurice Sutton  
LaVerne & Patti Deist  
Dan & Amy Madsen

## Unrestricted Donations

Phillip & Anna Elmquist  
Our Saviour's Lutheran Church  
Marjorie Griffith  
Dan & Sarah Christensen  
Maryanna Christensen  
Poet Biorefining  
Chris & Verneta Anderson  
Jean Jensen  
St. Patricks Church  
Audubon Vision Clinic  
Gary & Julie Stone  
Bob & Linda Blomme  
Richard & Lela Gleason  
Thomas & Virginia Mennenoh  
Susan Heacock  
Neil & Stacy Andersen  
Teresa McLaughlin  
Barbara Johnson  
Ron & Barb Christensen  
Delbert & Barbara Artist  
T.R. Andersen, Jr.  
Gerald & Irene Parkert  
Donald & Janice Andersen  
Knights of Columbus  
Elayne Sinow  
Gary & Rosemary Williamson  
Bruce & Tina Andersen  
Jo Beane  
Gary & Linda Keller  
Jackie Wahlert  
Tim & Linda Irlmeier  
Dan & Jan Andersen  
Telia Carter

## **In Memory of Alice Kauffman**

Paul & Shellie Madsen

## **In Memory of Don Irlmeier**

Steve & Sharon Miller

## **In Memory of Barney Baier**

Marilyn Petersen  
Wayne & Norene Moreland

## **In Memory of Chris Anderson**

Dan & Elaine Jorgensen

## **In Memory of Veda Larsen**

Tom & Janell Bluml

## **In Memory of Wynona Andersen**

Tom & Janell Bluml

## **In Memory of Walter Noelck**

Alan & Carol Noelck

## **In Memory of Gloria Sutton**

Maurice Sutton

## **In Memory of Elaine Sornson**

Dean & Charlotte Fett

## **In Memory of Delores Knudsen**

Dean & Charlotte Fett

## **In Memory of Marjorie Chambers**

Dean & Charlotte Fett

Jeff & Sue Edwards

Paul & Shellie Madsen

## **In Memory of Kenneth Olsen**

Dean & Charlotte Fett

## **In Memory of Elrane McMillan**

Mark McMillan

## **In Memory of Roma Murray**

Tim Andersen

## **In Memory of Donna Kessler**

Kathleen Irlmeier

Steve & Raydene Mathisen

Randy & Becky Thompson

Dolores Aagaard

Mary Neary

Ruth Rasmussen

Sherry Robbs

Laura Lee Testroet

Sam & Lois Kauffman

## **In Memory of Phyllis Jensen**

Laura Lee Testroet

## **In Memory of Dorothy Christoffersen**

Joel & Rhonda Rattenborg

## **In Memory of Ethel Rasmussen**

Dean & Charlotte Fett

Kay Nowatzke

Jackie Wahlert

## **In Memory of Frank Obermeier**

Paul & Shellie Madsen

## **In Memory of LaVonne Godfrey**

Joel & Rhonda Rattenborg

## **In Memory of Lila Jean Jensen**

Sam & Lois Kauffman

## **In Memory of Loretta Petersen**

Kaye Nowatzke

## **In Memory of Norie Fett**

Dan & Elaine Jorgensen

Dean & Charlotte Fett

Kathleen Rasmussen

Darlene Van Meter

Kaye Nowatzke

Darrell Andersen

Marilyn Petersen

Frank & Carol Olsen

Doug & Julie Olson

Norie Fett Family

## **In Memory of Violet Andersen**

Joel & Rhonda Rattenborg

Larry & Fran Nielsen

Brian & Kathy Jensen

Robert & Donis Hansen

Lawrence & Doris Handlos

Monica Petersen

Gene & Kathryn Karstens

Ruth Edwards

Derek & Genelle Deist

Dan & Elaine Jorgensen

Robert & Jane Weber

Laurie Nelson

Jackie Wahlert

Alice May

Doug & Julie Olson

Michael Scott

Richard & Lela Gleason

Dolores Aagaard

John & Pheobe Yencic

# FRIENDSHIP HOME GOLF TOURNAMENT

## JUNE 14, 2019

The Friendship Home will be hosting our first golf tournament this year! This event will be a 4 Person Best Shot. Entry fee to include mulligans, cash prizes, a meal...etc.

### Hole Sponsorship:

- ◆ A sign at the course
- ◆ Sponsor's name will be printed in the event brochure and in the media review following the tournament

### Silent Auction/Prize Donations:

Donated items will be used for silent auction or raffle.

To make a donation to our silent auction, please contact Amy Madsen at [marketing@friendshiphome.com](mailto:marketing@friendshiphome.com) or Jess Nixon at [friend@friendshiphome.com](mailto:friend@friendshiphome.com).

Please watch our facebook page for more information as we near the event!



## **Did you know....**

Did you know that your Medicare Part A benefit allows you Medicare funds for rehabilitation from an illness, injury or surgery? If you have 3 midnight stays in an acute care hospital, your Medicare Part A can pay your first 20 days at the Friendship Home at 100% if you qualify. After day 20, your Medicare continues to pay a significant portion of your stay for as long as you qualify for the skilled need up to 100 days! The difference between swing bed at a hospital and skilled care in the nursing home is that at the Friendship Home, you will have the opportunity to rehab in a fully furnished two room homelike suite! Key Rehab is onsite offering physical, occupational, and speech therapy and prior to your discharge they will do a home visit with you to assess any accommodations needed to safely get you home! You will enjoy three delicious meals a day in which your spouse or significant other will be extended one free meal per day to enjoy with you! Our nursing staff is there 24/7 for all your physical needs and you will never be bored with the wide variety of activities offered! Let us help you recover comfortably and quickly!

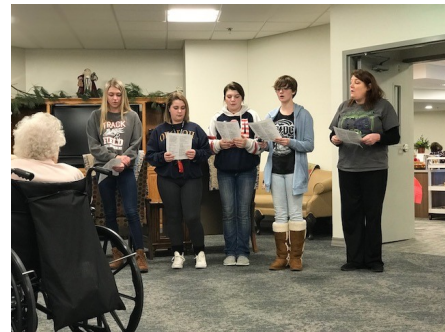
Karol Dammann RN, DON



# Picture Perfect



## FAMILY CHRISTMAS



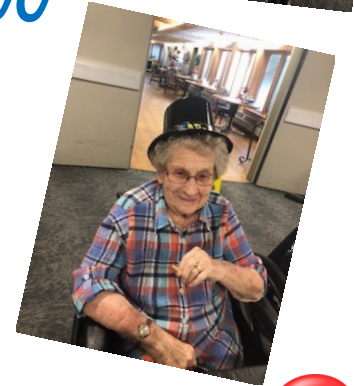
16 poinsettias were displayed in memory of our residents who moved on to the Lord's home in Heaven last year.



A couple little elves delivered personalized stockings to all the residents on Christmas morning!



## Happy New Year



## Valentine's Day Party



Mildred Dreher watches her great-great-grandson wrestle at the 2019 State Wrestling Tournament!



King & Queen of Hearts 

