

**We're on Facebook!**

Visit our page—  
**Friendship Home of Audubon, Iowa!** Be sure to “like” us to see regular updates of happenings around the Home!



714 N. Division St.  
 Audubon, IA 50025  
 Phone: 712.563.2651  
 Fax: 712.563.2342  
 www.friendshiphome.com  
 This institution is an equal opportunity provider.

**Administrator**

Jill East

**Director of Nursing**

Karol Dammann, R.N.

**Medical Director**

Dr. Jim Cunningham

**Office Manager**

Jenny Fox

**Dietary Manager**

Roxanne Pross

**Social Services Director**

Shirley Langel

**Activities Director**

Rose Brabham

**Director, Environ. Services**

Jeff Hernandez

**Fdn/Marketing Director**

Kristen Stubbs

Rather receive the *Forum* by email or wish to be removed from our mailing list? Let us know at [marketing@friendshiphome.com](mailto:marketing@friendshiphome.com).

# Upcoming Events!

- January 19th @2:00PM - Gary Weldon Show
- January 21st - 27th - National Activities Professionals Week
- Jan 23rd @4:00PM - Lion's Pancake Supper
- February 14th - Ash Wednesday & Valentine's Day Party
- March 17th - St. Patrick's Day Party
- March 25th - Palm Sunday Service
- March 30th - Good Friday Service & National Doctors' Day
- April 1 - Easter Sunday

## Wish List

- Quick Touch Pendants - We like to support the independence of our residents in any way we can. An item that will encourage our residents to spend time outdoors or away from their rooms is a call light that can be worn as a necklace. This enables the resident to feel secure and allows our staff to locate the resident quickly if needed. The pendants can be worn as a necklace or on the wrist like a watch. Depending on the type, they cost between \$140-155 each. Please give us a call if you'd like to donate towards this item. 712-563-2651

## ASSOCIATION BOARD OF DIRECTORS

- SUE WEDE - CHAIR
- JEFF EDWARDS - VICE CHAIR
- TIM ANDERSEN, TREASURER/SECRETARY
- SARAH CHRISTENSEN • DAN JORGENSEN
- SHELLIE MADSEN • VICKY ROBINSON



# The Friendship Forum

## WELCOME OUR NEW ADMINISTRATOR

The Friendship Home has seen a lot of changes over the last several months. The renovation project has been coming along very well - walls are going up and painting has begun. We are currently looking at early spring for our front entrance to re-open.

As many of you may know we terminated the contract with our management company, Rural Health Development. Following the

termination we began our search for a permanent administrator in October.

We are pleased to announce the hiring of Jill East. Her official first day was January 8<sup>th</sup>. She was previously the administrator at Cottage Grove Place in Cedar Rapids and has been a licensed administrator for eight years. We are excited to welcome her to our facility and the community of Audubon.

- Jenny Fox, Interim Administrator

## TOP PERFORMING RATING FROM U.S. NEWS

The Friendship Home received an overall rating of Top Performing from US News & World Report. Out of 15,215 nursing homes in the county, only 2,286 earned this recognition.

U.S. News Overall Ratings of 1.0 to 5.0 are 10-month averages of the monthly overall ratings by the federal Nursing Home Compare program, with certain modifications. A new 5-level Nursing Home Finder Overall Rating scale was created this year for consistency with other U.S. News health ratings. More information about how the nursing homes are rated can be found at <https://health.usnews.com/best-nursing-homes>.

The Friendship Home received above

average scores for the category of health inspections and complaints, which indicates how well the

home complied with standards for food preparation and other health-related activities in state inspections conducted approximately every 15 months. We received average scores for staffing and received top performing scores in the area of medical care quality consistently exceeding state and national standards in nearly all of the 25 different categories reviewed ranging from flu and pneumonia prevention, fall risks, incontinence care and other medical care areas.



Winter 2017



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Our Mission: "Caring for our residents in a Christian setting of compassion and choice"





### Welcome to the New Admissions!

Gary Clausen

Darlene Hansen

Winona Huffman

Lester Larsen

Sherrie Miller

Kathleen Rasmussen

Sandra Weitzel

### Best Wishes to Those Who Have Returned Home!

Karol Andersen

Gary Clausen

Sherrie Miller

### With Deepest Sympathies to the Families of:

Elizabeth Anderson

Terry Claussen

Dale Edwards

Sandra Everett

Marjorie Knudsen

Lois Oakley

Mildred Shirbroun

## FOUNDATION NEWS

### Renovation Update

All demolition work has been completed and Wing 1 is well underway. The walls are up and painting, flooring and millwork are starting. Completion of Wing 1 and the lobby is still set for Spring 2018! We look to start framing Wing 2 and to continue the rough-in of mechanical and electrical in Wings 2 and 3.

### Audubon County Community Grant

The Friendship Home received \$10,000 from the Audubon County Community Foundation during their Fall 2017 cycle to use towards our renovation project. We are so very grateful to the foundation board for their generosity!

-Kristen Stubbs, Foundation/Marketing Director

### FOUNDATION BOARD OF DIRECTORS

Linda Irlmeler - Pres./Tres.

Paul Christensen-Vice Pres.

Mary Wede - Secretary

Carolyn Cunningham

Eunice Mennenoh

Trish Nelson

Brandon Toft

Sue Wede



Judges Derek Deist and Arch Andersen get to work judging the cakes at the first annual Friendship Home Bake Off!

## FRIENDSHIP HOME GIVES BACK

In November the Friendship Home raised \$1,250 for the Jenny Edmundson Hospital Foundation Sprit of Courage which helps provide financial assistance for cancer patients. Dietary Manager Roxie Pross organized the efforts and hand made over 800 cream puffs with pink cream to sell for the cause. She is seen below presenting the check to the foundation representatives.



## Employee News

### Anniversaries - January through March

Kaleb Fox, 1 year  
Sarah Marshall, 1 year  
McKenna Nielsen, 1 year  
Kristen Stubbs, 1 year  
Jordyn Swanson, 1 year  
Taylor Knutsen, 2 years

Jen Deist, 3 years  
Abby Elmquist, 5 years  
Ryan Johnson, 5 years  
Shelby Smith, 5 years  
Jeff Hernandez, 6 years  
Kate Lebeck, 6 years

Morgan Oakley, 6 years  
Sue Kroeker, 11 years  
Tonia Andersen, 13 years  
Joan Cramer, 17 years  
Jenny Fox, 22 years

### Welcome Our New Employees!

Jill East - Administrator  
Kim Leeper - Dietary

Tanya Anderson - Dietary  
Kendra Bladt - C.N.A.

## RESIDENT BIRTHDAYS

### January

Violet Andersen, Jan. 2nd  
Arlene Raub, Jan. 4th  
Deloris Knudsen, Jan. 8th  
Verla Huffman, Jan. 15th  
Rosalie Davis, Jan. 16th  
Ethel Rasmussen, Jan. 22nd

### February

Donna Kessler, Feb. 2nd  
Norma Petersen, Feb. 5th  
Betty Christensen, Feb. 11th



### March

Louetta Langel, Mar. 9th  
Elvie Scott, Mar. 12th  
Sally Kerwin, Mar. 16th  
Beverly Winn, Mar. 22nd  
Sue Duvall, Mar. 26th

## RESIDENT RECIPIE - DARLENE HANSEN - EASY BROWNIES

This is a quick and easy crowd pleaser that Darlene made when the grand kids would visit or she needed dessert in a hurry.



### INGREDIENTS

Brownies:  
1 stick butter  
1 cup sugar  
1 cup flour  
4 eggs  
16-oz. can HERSHEY'S Syrup  
1/2 tsp. baking powder  
1 tsp. vanilla  
Optional: 1/2 cup nuts

Frosting:  
3/4 cup sugar  
3 tsp. butter  
4 tsp. milk  
3/4 cup chocolate chips

### DIRECTIONS

1. Preheat oven to 350°F.
2. Cream together butter and sugar.
3. Beat in eggs, 2 at a time.
4. Add flour, baking powder, vanilla and Hershey's syrup.
5. Pour into jelly roll pan and bake for about 30 min.
6. For frosting: boil together butter, milk and sugar for 1 minute.
7. Add chocolate chips and frost brownies when cooled



# Thank You!

Thank you to our supporters who have made Memorials, Donations, Gifts and Bequests to the Friendship Home Foundation this quarter!

### Capital Campaign Donations

- Audubon-Exira Ready Mix, Inc.
- Audubon Masonic Association
- Brent & Joan Bauer
- Sam & Lois Kauffman
- Dan & Sarah Christensen
- Derek & Genelle Diest
- Gary & Janice Christensen
- Jackie Wahlert
- James & Dolores Aagaard
- Jeff & Trish Nelson
- Kessler Funeral Homes
- Lawrence & Doris Handlos
- Nate & Sara Vorm
- Omaha Community Foundation
- Paul & Shellie Madsen
- Robert & Donis Hansen



### Restricted Donations

- Connie Nihsen
- Dorothy McCune
- Friendship Home Auxiliary
- Jean Jensen
- Tim & Janice Anderson
- Verlon & Ruth Stone



- In Memory of Dale Edwards
- Jackie Wahlert

- In Memory of Dorothy Allen
- Jerry & Linda Roy

- In Memory of Elizabeth Anderson
- Ron & Barb Christensen

### Unrestricted Donations

- Audubon County Health Opportunities Organization
- Bob & Linda Blomme
- Fred A. Wittrock Revocable Trust
- Poet Biorefining



- In Memory of Dale Edwards
- Brian & Kathy Jensen
- Dan & Elaine Jorgensen
- Elayne Sinow
- Frank & Carol Olsen
- Gene & Kathryn Karstens
- Kay & Carol Talbot



- In Memory of Dora Christensen and Joens Rehling
- Arthur & Barbara Trevarton

- In Memory of Elaine Sornson
- Dan & Elaine Jorgensen
- Frank & Carol Olsen
- Paul & Shellie Madsen

- In Memory of Elizabeth Anderson
- Eric & Denise Bundgaard
- Joel & Rhonda Rattenborg
- Kate Anderson
- Kaye Nowatzke
- Larry & Dianna Peterson

- In Memory of Flay Walters
- Kent & Marlene Walters

- In Memory of Lois Oakley
- Joel & Rhonda Rattenborg



- In Memory of Mildred Shirbroun
- Joel & Rhonda Rattenborg

- In Memory of Sandra Everett
- James & Julie Holte

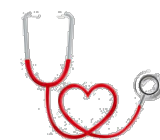
- In Memory of Thomas Christensen & Bonnie Donaldson
- Marilyn Watkins

- In Memory of Marjorie McMillian
- Mark & Elaine McMillian

## FROM THE NURSING DEPARTMENT

The 2018 flu season is shaping up to be bad. We at the Friendship Home have taken all precautions by having 100% of our staff and residents get the flu vaccine. It is important to remember that even if you get the vaccine it doesn't cover 100% of the strains and it only covers respiratory flu, not stomach flu.

As flu season progresses we want to continue protecting our residents from all preventable infections. We ask loved ones to avoid visiting if they have had any flu-like symptoms in the past 48 hours. Common symptoms include fever, chills, new headache or eye pain, body aches, loss of appetite, sore throat, new onset of cough or increase of dry cough. We also ask that visitors use the hand sanitizer and masks provided at our entrance if needed.



If an outbreak does occur at the Friendship Home we will implement limited visitor access and movements within the facility. We will communicate this through our website, Facebook and posting signs at entrances. Together we can help prevent infections.

- Leslie Eischeid, R.N., RAC-CT. ADON/MDSC/Infection Control

## MORE THAN JUST BINGO

As National Activity Professionals Week approaches (Jan. 21—27) I've been reflecting on my time as the Activities Director at the Friendship Home. I'm very blessed to have this position, but it is not a job that can be done alone. While I plan, organize, complete administrative duties and spend time getting to know the residents and all of their different needs, it could not be executed without individuals such as Sue Kroecker (Activity Assistant), staff and all of our volunteers who put all of their hearts into their time spent with our residents.



As a team we always strive to provide more than just an activity to pass the time. Creating meaningful activities is more than just putting an activity on the calendar and going through the motions. It is crucial to understand the needs and preferences of each and every resident. Not every activity on the calendar is going to meet the needs of all the residents; this is why it is important to have a variety of different activities that stimulate all the senses. Residents enjoy a range of activities that keep their minds and bodies strong, are creative, competitive, or something to make them laugh, and we have been learning laughter really is the best medicine.

Also keeping in mind that for some residents there are obstacles that need to be overcome. Some examples are poor hearing, poor eyesight, or difficulty following instructions. We must also keep in mind that one-on-one activities are just as important as group activities. Being able to get to know each of the residents as an individual is my favorite part of working at the Friendship Home and has led to being blessed with so many wise and truly amazing friends.

- Rose Brabham, Activity Director

## NEW MEDICARE CARDS COMING SOON

As we have entered into the New Year some things will be changing. Medicare will mail new Medicare cards between April 2018 and April 2019. The new card will have a new Medicare Number that's unique to you, instead of your Social Security Number. This will help to protect your identity.



We ask that you bring in the new cards to be copied as soon as you get them so we can update our records. Also, if there is any different information since the time of admission, such as insurance or contact information, please be sure to let us know so we can add or change it as well. Stay warm and be safe!

- Shirley Langel, Social Services Director





# Picture Perfect



**Clockwise from Above**  
Charlene McLaughlin helps Gable Karns paint a pumpkin, Mildred Dreher helps James Stubbs make a snowman, residents watch the Children's Nest Halloween costume parade, the second grade classes came by to bowl, residents and some cute volunteers make pumpkin pie for Thanksgiving.



**Happy Holidays**  
Left: Walt Noelck, pictured with his wife Joan, is honored for his military service. Below: Mardell Hansen poses with Santa at the family Christmas party.



**Celebrations and Remembrance**  
Top Left: Santa visits the memory unit. Above: Members of the community enjoy the Friendship Home Chamber Brunch. Left: Kindred Hospice hosted a remembrance service to honor all the friends we have lost throughout the year. They helped decorate our tree with a special snowflake ornament for each loved one gone.

